President’s Message

Sesquicentennial! 150 years! It is with a deep sense of honor and privilege that I begin my year of service as the 130th President of The Obstetrical Society of Philadelphia. I would like to thank the Council and Society membership for affording me this wonderful opportunity. I would also like to thank my immediate predecessor, Dr. Dipak Delvadia for his excellent leadership of the Society over the past year.

We have a very exciting program planned for this year; beginning with a presentation by Dr. Kate Hawthorne titled Pregnancy Complications: A Window Into a Woman’s Cardiovascular Future. A developing body of literature is demonstrating a clear connection between pregnancy complications and a woman’s long-term cardiovascular health. Her presentation will help us understand those associations and evolving concepts of managing lifetime risk. Dr. Hawthorne is a cardiologist with Main Line Health System and she has a special interest in women’s cardiac health. I hope you will be able to join us for what I know will be a very informative evening.

Finally, in a stroke of prescience, “The term for which the said Corporation is to exist shall be perpetual”, and so it is as we now stand at the threshold of 150 years of existence of our Society. In the preparation of this message, I could not help but reflect on what our founding members would think of our Society today. I have no doubt that they would be humbled by the knowledge that their commitment to women and children’s health has persevered for 150 years. I also believe that they would be awe-struck by the inconceivable changes in technology, medical knowledge, and ability to diagnose and treat disease. Finally, I am certain they would find great favor with the notion that the essence of being a physician, the inherent commitment to the care of our patients and service to community remains immutable.

The Society is indeed fortunate to have a committed Council and a Sesquicentennial Planning Committee that has been working diligently to prepare an exciting year of events. We will be sharing details about the plans in the coming months. I personally look forward to welcoming each of you as we celebrate our legacy and prepare for the next 150 years!

A. George Neubert, M.D.
President

Upcoming Lecture:
“Women’s Cardiac Health”

October 12, 2017
Katie Hawthorne, MD
Main Line Health

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Embrace Our Legacy

... One-hundred and fifty years strong, here we come!

Our founders had a vision. They imagined an organization that would connect, educate, motivate and empower local obstetrician-gynecologists “of good character and standing in the profession.” Proudly, our modern-day Obstetrical Society of Philadelphia continues to honor the integrity of its original charter. New and existing members from regional academic institutions and private practices are united at our thoughtfully prepared meetings, where we welcome special guests from all over the country to share their expertise and innovations in women’s healthcare. We dedicate a special day to the future of our profession at the annual Resident Education Day, spotlighting winners of the S. Leon Israel Award and the Resident Bowl. Our newsletter committee does a great job (and I’m completely unbiased) to produce a product that is informative and timely, with a touch of nostalgia. And the list goes on.

In January 2018, we will embark on the next 150 years. Just as our founders, we will undoubtedly face shifting and uncertain climates in healthcare. And, thanks to our founders, we can approach those obstacles with unwavering support. The Obstetrical Society of Philadelphia will continue to be a place where networking is facilitated, ideas are shared, learning is supported, honors are bestowed, and memories are made. In May 2017 newsletter, Dr. Arnold Cohen reflected on his time with the organization: “The Obstetrical Society of Philadelphia gave me one of the most treasured experiences of my life.” It is my sincere hope that all members will come to share this sentiment.

Looking forward to our Sesquicentennial Anniversary!

Luisa Galdi, DO
Foster Collegiality

Lankenau welcomes a new Chairman of OB/GYN

Joseph Gobern, M.D.

100 E. Lancaster Avenue
Suite 301, MOB South
Wynnewood, PA 19096

Pennsylvania Hospital

Steven J. Ralston, MD, Chair, Department of OB/GYN at Pennsylvania Hospital is pleased to welcome two new family planning trained obstetrician/gynecologists.

Alhambra Frarey, MD, MSHP

Alhambra Frarey, MD, MSHP, completed her OB/GYN residency at the University of Kansas and practiced at the Hospital of the University of Pennsylvania as a generalist prior to completing the Family Planning Fellowship at the University of Pennsylvania.

Andrea Roe, MD, MPH

Andrea Roe, MD, MPH, is a graduate of the Hospital of the University of Pennsylvania OB/GYN residency and the Brigham and Women’s Hospital Family Planning Fellowship.

Drs. Frarey and Roe will be offering the full range of family planning services including complex contraception and first and second trimester pregnancy loss and termination services. Pennsylvania Hospital will also be extending miscarriage and contraceptive management services to its Cherry Hill offices in early 2018. Both Drs. Frarey and Roe will be affiliated with the PEACE program at Penn Medicine for family planning and pregnancy loss services.
Women’s Cardiovascular Care and Outreach at Temple Health:

Heart disease remains the leading cause of death for women in the United States and is more deadly than all forms of cancer combined. In an effort to increase awareness of this sobering statistic and empower women with the tools for recognizing and positively impacting their heart health, Temple Health has developed the Women’s Heart Disease Program within the Temple Heart and Vascular Institute (THVI). This program partners with women to provide support with risk factor assessment, education, and advice on healthy lifestyle changes that can reduce the risk of developing heart disease. For women with established heart disease, patients have access to, and receive direct care for, a number of cardiovascular conditions utilizing THVI’s diverse network of multidisciplinary specialists.

This year, the THVI Women’s Heart Disease Program has expanded its capacity to reach more women, by sponsoring an interactive community outreach initiative focused on identifying and networking with women at risk for heart disease in their own neighborhoods. Utilizing community partners such as the American Heart Association and Carol for Heart™, the program educates women about heart disease prevention and available treatment strategies. The initiative seeks to narrow the education and treatment gap for all women.

This year, the initiative has sponsored a Latina Educational event for at-risk women, several Go Red North Philly Symposia, and has supported on-site screening for heart disease and associated risk factors. These programs are quite popular and have reached over 250 women this year alone who attend our main events through our Go Red North Philly Campaign. The program is on track to expand its efforts to support even more women by partnering with the Boston Scientific Foundation “Close the Gap” Initiative. This initiative supports narrowing the gap in care for women by providing educational updates in Heart Disease Prevention and Care for Women to health care providers.

In summary, the THVI Women’s Heart Disease Program provides comprehensive cardiac care for both women at risk for, and with, established heart disease. The program has developed an educational network to support both patients and their medical providers with relevant and timely information on heart disease in women. Finally, for those interested in contributing to the science that helps us understand the opportunities to improve the health of our community, the program also provides access to state of the art, investigator-initiated health disparities research. Temple has served as a research site for the National Heart, Lung and Blood Institute (NHLBI) sponsored FIT4Life Prevention program for at-risk African Americans and the NIH sponsored Genomic Analysis of Enhanced Response to Heart Failure Therapy in African-Americans.

Deborah L. Crabbe, MD, FACC, FAHA  
Professor of Medicine  
Lewis Katz School of Medicine  
Temple Heart and Vascular Institute

Daniel Edmundowicz, MD, FACC, FACP  
Professor of Medicine  
Chief, Cardiology, Temple University Hospital  
Medical Director, Temple Heart and Vascular Institute
The 50th Annual Resident Education Day and
The 40th Annual Resident Bowl

Friday, May 5, 2017
Hosted by Thomas Jefferson University Hospital

Residents from Jefferson, Left to right: Jennifer Doorey, Ashleigh Denny, Talia Maas, Laura Felder, Nathan Watters and Amanda Paternostro.

L-R Eileen Boardman, Ro Weisenbach, Karlie Wagner, Roz Levit, Teri Wiseley, Odinae Fisher, and Joellen Hodorovich.

Eileen Boardman and the Cooper crew!

Congratulations to Drexel Program Coordinator, Teresa Robinson!

Drs. Jasjit Beausang, Larry Glazerman, Peter Schnatz, Dipak Delvadia & Teri Wiseley

Stump the Professor Panel

The Resident Bowl Winner was Drexel Resident, Tess Crous, M.D. Pictured L-R Drs. Beausang, Glazerman, Crous and Delvadia.
Sponsors provided information on devices, services and innovations. Thank you to all our sponsors!

CREOG Chair Report
Mark B. Woodland, MS, MD, FACOG

The Counsel on Resident Education in OBGYN (CREOG) was established in 1968 by the American College of OBGYN (ACOG) to facilitate educational innovation for OB GYNs. This past spring ACOG hosted a Summit to re-evaluate the educational process, goals, and objectives for developing OB GYNs in this country. As I assume the role of CREOG Chair, I am in awe of my 15 predecessors and the way that they have impacted the educational process of OB GYNs in this country. As we move forward to establish goals and objectives for OBGYN departments to educate our approximately 1,300 new interns each year we certainly have to consider what we can do to lessen the impact of increasing content and technical skill sets and decreasing time and procedural volume.

At the CREOG Retreat in the beginning of August 2017 we set forth the following priorities:

1. Reconsider the CREOG council representation to include Inter-professional educators, fellowship directors and program managers, and focused area in our specialty.

2. Review the current status of residency training “templates” and make suggestions for innovated ideas for future rotation and didactic templates.

3. Develop a universal, meaningful post-match curriculum.

4. Promote faculty development in teaching, counselling and evaluation.

5. Consider new competency based evaluation tools and processes.
PRESIDENT’S NIGHT
Thursday, May 11, 2017

Vice-President, Peter Schmatz, D.O., Teri Wiseley and Past President Peter Schwartz, M.D.

Paniz Heidari, DO and Brent Monsier, MD.

Drs Fay Wright and Helen Widzer

Dr. Corrina Oxford and S. Leon Israel Award Winner, Deshpande Neha, MD

S. Leon Israel Award Winner, Neha Deshpande, M.D. with her family, L-R: Sujay, Neha, Savita and Anil Deshpande.

Past President Joan Zeidman, MD and Lisa Leone, MD

Lou Brown, Bayer, and Larry Glazerman, MD

S. Leon Israel Award Winner, Neha Deshpande, M.D.

The Delvadia Family: L-R Bela, Dipak, Mira, and Maya.

Steven Ralston, MD and Barb Atherholt, physician liaison, Penn Radiology
THE PASSING OF THE GAVEL
at the Change-over Dinner

Thursday, June 22, 2017

Dr. Dipak Delvadia passes the gavel to incoming President George Neubert.
The Philadelphia Obstetrical Society hosted its first ever Long Acting Reversible Contaception (LARC) Summit in May! The focus of the summit was on the placement of immediate post-delivery IUD’s and implants. Clinicians learned about the public health importance of immediate post-delivery LARC, how to implement a post-delivery LARC program within your institution, and specifically how and when to place IUDs and implants post-delivery.
The Clinical Trial Center of Philadelphia's mission is to improve patient's quality of life. We are dedicated to providing patients and researchers with exceptional medical care and meticulous clinical trial assessments in order to discover new medications, treatments, and technologies.

We are currently accepting qualified patients for Endometriosis, Intrauterine Fibroid and In Vitro Fertilization clinical research trials.

EILEEN B. DAVIES
Director of Clinical Research

P: 484.380.4861
eileen.davies@ctcphiladelphia.com
825 Old Lancaster Road, Suite 310
Bryn Mawr, PA 19010

ctcphiladelphia.com

The Clinical Trial Center of Philadelphia is a subsidiary of Main Line Fertility
Dinner Meetings

October 12, 2017  
Women's Cardiac Health  
Katie Hawthorne, MD, Main Line Health
November 9, 2017  
Culture Competence and Unconscious Bias  
Arthur Breese, MS, Geisinger Health System
January 11, 2018  
Joint OB/PARES Meeting  
ACOG, Yesterday, Today and Tomorrow  
Hal C. Lawrence, III, MD, ACOG
February 8, 2018  
Providing Care for Transgender and Gender Nonconforming Individuals  
Lin Fan Wang, MD, Mazzoni Center
March 8, 2018  
Providing Patient Centered Care  
Daniel Davis, PhD, Geisinger Health System
April 12, 2018  
Women's Reproductive Health – Historical Perspectives/Future Challenges  
Philip Darney, MD, MSC, University of California, San Francisco

The venue for the dinner meetings is the Philadelphia County Medical Society Building, 2100 Spring Garden Street. There is free parking in the lot adjacent to the PCMS building.

Sesquicentennial Gala! Venue to be announced
May 10, 2018  
150 Years of Contributions by Philadelphia Physicians to Women’s Health  
Anthony Tizzano, MD, Cleveland Clinic Foundation

Resident Education Day

Friday, May 4, 2018  
Reading Hospital will host. Look for exciting changes, specifically to the Resident Bowl and the return of the Mock Trial, this time focusing on “The Anatomy of a Deposition”.

2017-18 Meeting Schedule
| Position                      | Name                                      | Affiliation                                                           |
|-------------------------------|-------------------------------------------|                                                                     |
| PRESIDENT                     | A. George Neubert, MD                     | Geisinger Health System 100 N. Academy Ave. Danville, PA 17822       |
| IMMEDIATE PAST PRESIDENT      | Dipak Delvadia, DO                        | DUDEM - Dept. OB/GYN 245 North 15th Street Philadelphia, PA 19021-1192|
| PAST PRESIDENT - 2nd YEAR     | Helen M. Widzer, MD                       | Women’s Associates for Healthcare Einstein Healthcare Network 633 W. Germantown Pike Suite 203 Plymouth Meeting, PA 19462|
| PRESIDENT ELECT               | Peter F. Schnatz, DO                      | The Reading Hospital and Medical Center Department of OB/GYN West Reading, PA 19611|
| VICE PRESIDENT NEWSLETTER EDITOR | Donald DeBrakeleer, DO                     | Center for Women’s Health of Montgomery County 1000 Walnut Street, Suite 122 Lansdale, PA 19446|
| SECRETARY - 1st YEAR          | Norman Brest, MD                          | Lankenau Medical Building, East 100 East Lancaster Avenue, Suite 561 Wynnewood, PA 19096-3450|
| TREASURER                     | Harish Sehdev, MD                         | Pennsylvania Hospital 2 Pine East 800 Spruce Street Philadelphia, PA 19107|
| ASSISTANT SECRETARY           | Austa D. Mehta, MD                        | Pennsylvania Hospital 800 Spruce Street Philadelphia, PA 19107         |
| ARCHIVES                      | Mark B. Woodland, MD                      | The Reading Hospital and Medical Center Department of OB/GYN West Reading, PA 19611|
| RESIDENT EDUCATION LIAISON    | Guy Hewlett, MD                           | Cooper University Hospital Dept of OB/Gyn One Cooper Plaza Camden NJ 08103|
| MEDICO/LEGAL COMMITTEE        | Jane Porcelan, MD, JD                     | Lankenau Medical Building, West 100 Lancaster Avenue, Suite #433 Wynnewood, PA 19096|
| RESIDENT EDUCATION COMMITTEE  | Larry Glazerman, MD                       | Planned Parenthood of Delaware 625 N. Shipley St., Wilmington DE 19801|
| MEDICIE REPRESENTATIVE NEWSLETTER STAFF | Sumra Tayebaly, MD                     |                                                                     |
| RESIDENT EDUCATION COMMITTEE  | Nicole D. Salva, M.D.                     | Penn Medicine Washington Square 14th Floor, 800 Walnut Street Philadelphia, PA 19107|
| NEWSLETTER COMMITTEE          | Luisa Galdi, D.O.                         | 216 N. Broad St. Feinstein 4th floor Philadelphia, PA 19102          |
| WEBSITE                       | Albert El-Roeiy, MD                       | Crozer-Chester Medical Center One Medical Center Boulevard Upland, PA 19013-3995|
| FOUNDATION                    | Arnold W. Cohen, MD                       | Albert Einstein Medical Center 5500 Old York Road Philadelphia, PA 1941|
| MEMOIR TO LARGE - 2nd YEAR    | Lisa K. Perriera, M.D                     | 833 Chestnut Street 1st Floor Philadelphia, PA 19107                |
| NOMINATING COMMITTEE          | Jason Baxter, MD                          | Thomas Jefferson University 833 Chestnut Street, 1st Floor Philadelphia, PA 19107|
| FOUNDATION                    | Stephen C. Rubin, M.D                     | Fox Chase Cancer Center Division of Gynecologic Oncology 333 Cottman Avenue Philadelphia, PA 19111|
| PA MED SOCIETY LIAISON        | Sherry L. Blumenthal, MD                  | 2701 Blair Mill Rd. Suite C Willow Grove, PA 19000                  |